

# Evidence for the formation of inositol 4-monophosphate in stimulated human platelets

Wolfgang Siess

*Medizinische Klinik Innenstadt, der Universität München, Ziemssenstr. 1, 8 München 2, FRG*

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Human platelets were prelabeled with [ $^3\text{H}$ ]inositol and exposed to thrombin or vasopressin. The radioactive inositol monophosphates were separated by high-performance liquid chromatography and identified by cochromatography with unlabeled standard substances. Radioactive inositol 1-monophosphate (Ins 1-P) and inositol 4-monophosphate (Ins 4-P) were detected in unstimulated platelets and accumulated in response to thrombin or vasopressin. Ins 4-P as well as Ins 1-P increased after the formation of inositol 1,4-bisphosphate (Ins 1,4- $\text{P}_2$ ) and inositol 1,4,5-trisphosphate (Ins 1,4,5- $\text{P}_3$ ). Lithium augmented the accumulation of Ins 1-P and Ins 1,4- $\text{P}_2$  in stimulated platelets, and also of Ins 4-P in platelets stimulated by vasopressin, but not by thrombin. The results indicate that Ins 1,4- $\text{P}_2$  formed in stimulated platelets is partly degraded to Ins 4-P. The significance of Ins 4-P as a marker molecule for the study of inositol phosphate metabolism in stimulated cells is discussed.

*Platelet activation    Thrombin    Vasopressin    Inositol phosphate    Lithium*

## 1. INTRODUCTION

Ins 1,4,5- $\text{P}_3$  and 1,2-diacylglycerol formed during receptor-activated breakdown of PtdIns 4,5- $\text{P}_2$  may serve as second messengers for release of  $\text{Ca}^{2+}$  from intracellular stores and for protein phosphorylation [1–3]. As expected for an important second messenger, the enzymic formation and degradation of Ins 1,4,5- $\text{P}_3$  might be tightly controlled. Recent enzymatic studies on rat liver have shown that a specific Ins 1,4,5- $\text{P}_3$  5-phosphatase is present in plasma membranes which degrades Ins 1,4,5- $\text{P}_3$  to Ins 1,4- $\text{P}_2$  [4,5]. Unspecific phosphatase activities present in the cytosol metabolise

Ins 1,4- $\text{P}_2$  further to Ins 1-P and Ins 4-P, respectively [4,5]. Besides a very recent study which describes small quantities of Ins 4-P in the brains of  $\text{Li}^+$ -treated rats [6], only Ins 1-P has been found among the inositol monophosphates which increase following receptor activation of intact cells or tissues (for references see [7]). Ins 1-P may, however, also derive from PtdIns hydrolysis by phospholipase C.

We recently observed the formation of two [ $^3\text{H}$ ]inositol monophosphates in thrombin-activated platelets which cochromatographed on descending paper chromatography and on HPLC with Ins 1-P and Ins 2-P [8]. By establishing an HPLC method which separates Ins 1-P, Ins 2-P and Ins 4-P, this study describes that besides Ins 1-P and trace amounts of Ins 2-P also Ins 4-P accumulates considerably in activated platelets.

## 2. MATERIALS AND METHODS

### 2.1. Materials

LiChrosorb<sup>®</sup>NH<sub>2</sub> (5  $\mu\text{m}$ ) columns for HPLC

**Abbreviations:** Ins 1-P, inositol 1-monophosphate; Ins 2-P, inositol 2-monophosphate; Ins 4-P, inositol 4-monophosphate; Ins 1,4- $\text{P}_2$ , inositol 1,4-bisphosphate; Ins 1,4,5- $\text{P}_3$ , inositol 1,4,5-trisphosphate; PtdIns, phosphatidylinositol; PtdIns 4-P, phosphatidylinositol 4-monophosphate; PtdIns 4,5- $\text{P}_2$ , phosphatidylinositol 4,5-bisphosphate; HPLC, high-performance liquid chromatography

were obtained from Merck (Darmstadt).  $\mu$ BondapakNH<sub>2</sub> (30  $\times$  0.39 cm) columns for HPLC were purchased from Waters Assoc. (Milford, MA). All other materials were obtained as described [8,9].

## 2.2. Measurement of [<sup>3</sup>H]inositol phosphates in human platelets

Platelet-rich plasma from 50 ml blood was centrifuged after addition of prostacyclin (300 ng/ml) and the platelets were resuspended in 1 ml of Tyrode-Hepes buffer containing 1 mM MgCl<sub>2</sub>, 1 mM EGTA, apyrase (100  $\mu$ g), prostacyclin (2  $\mu$ g) and 2 mCi [<sup>3</sup>H]inositol. The platelet suspension (2–2.5  $\times$  10<sup>9</sup> platelets per ml) was incubated at 37°C for 4 h in a shaking water bath. Platelets were then pelleted by centrifugation at 800  $\times$  g and washed once in 8 ml Tyrode-Hepes buffer containing inositol (5 mM), CaCl<sub>2</sub> (0.1 mM), MgCl<sub>2</sub> (1 mM), heparin (25 units/ml), apyrase (200  $\mu$ g/ml), and prostacyclin (300 ng/ml). After centrifugation, platelets were resuspended in 1.5–2 ml Tyrode-Hepes buffer containing CaCl<sub>2</sub> (0.1 mM), MgCl<sub>2</sub> (1 mM) and apyrase (200 ng/ml). The platelet concentration was adjusted to 1–1.3  $\times$  10<sup>9</sup> per ml. The platelet suspension was kept at 37°C for 60 min to reach equilibrium between the free [<sup>3</sup>H]inositol and the [<sup>3</sup>H]inositol incorporated into platelet phosphoinositides. LiCl<sub>2</sub> (10 mM final concentration) was added 60 min [10] before addition of the platelet stimulus.

Samples of platelet suspension (1.0 ml) were placed into aggregometer tubes and platelets were stirred for 3 min before exposure to thrombin (2 U/ml) or vasopressin (1  $\mu$ M). Aliquots (0.2 ml) were transferred at various times into 0.75 ml of chloroform/methanol/conc. HCl (100:200:2). After addition of a mixture of unlabeled Ins 1-P, Ins 2-P, Ins 4-P, Ins 1,4-P<sub>2</sub> and Ins 1,4,5-P<sub>3</sub>, the aqueous soluble inositol phosphates were extracted [9] and the samples were dried at room temperature under a stream of nitrogen.

The preparation of Ins 1-P, Ins 1,4-P<sub>2</sub> and Ins 1,4,5-P<sub>3</sub> has been described [9]. Ins 4-P was also prepared by alkaline hydrolysis of phosphoinositides [11]. Phosphoinositides (100 mg) were dissolved in 5 ml of 2 N KOH and refluxed for 30 min. Inositol phosphates were then separated by paper chromatography and eluted with water

[8,9,11,12]. The inositol monophosphate band contains mainly Ins 4-P, less Ins 1-P [11] and also traces of Ins 2-P (see below).

Inositol monophosphates were separated from inositol bis- and triphosphate by Dowex anion-exchange chromatography [8]. The dry platelet sample was dissolved in 3 ml H<sub>2</sub>O, neutralised by addition of cyclohexylamine and applied to Dowex 1  $\times$  8 columns (1 ml, formate form). Fraction I (30 ml H<sub>2</sub>O) was discarded; fraction II containing inositol monophosphates (30 ml of 200 mM ammonium formate, 100 mM formic acid) was passed through Dowex HCR-W2 columns to remove NH<sub>4</sub><sup>+</sup> [8]. The eluates were then dried at 40°C by rotoevaporation. The inositol monophosphates were further separated on new HPLC columns conditioned as described [9].

I used either a Lichrosorb<sup>R</sup>NH<sub>2</sub> (5  $\mu$ m) or a  $\mu$ Bondapak<sup>R</sup>NH<sub>2</sub> column. Separation was carried out utilizing a 20 min isocratic elution with 50 mM ammonium acetate/acetic acid buffer, pH 4.0 (solvent A), followed by a 60 min linear gradient to 50% of solvent B (2 M ammonium acetate/acetic acid, pH 4.0) at a flow rate of 1 ml/min. Fractions were collected every 0.5 min and measured for radioactivity by liquid scintillation counting or for phosphorus [13].

In experiments in which in addition radioactive Ins 1,4-P<sub>2</sub> and Ins 1,4,5-P<sub>3</sub> were measured, the dry platelet samples were dissolved in 200  $\mu$ l solvent A and directly applied to HPLC [9]. Separation was carried out utilizing a 10 min isocratic elution with solvent A, followed by a 30 min linear gradient to 25% solvent B, a 20 min linear gradient to 100% solvent B and a 20 min isocratic elution with solvent B at a flow rate of 1 ml/min. Fractions were collected every 1 min (from 1 to 25 min), every 0.5 min (from 26 to 40 min) or every 2 min (from 41 to 80 min), and measured for radioactivity or for phosphorus.

## 3. RESULTS

An HPLC method was developed which separates 3 inositol monophosphate isomers: Ins 1-P, Ins 2-P and Ins 4-P (fig.1). Both HPLC columns tested (the Lichrosorb<sup>R</sup>NH<sub>2</sub> and the  $\mu$ Bondapak<sup>R</sup>NH<sub>2</sub> columns) could be used for the separation of the 3 inositol monophosphates. The resolution of Ins 2-P and Ins 4-P decreased,

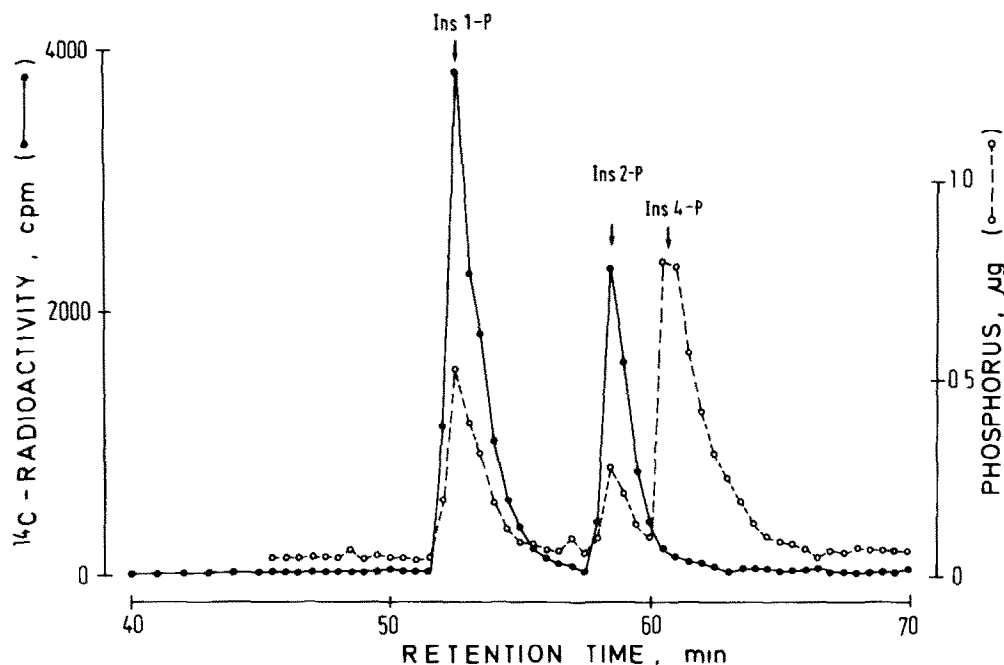


Fig.1. Separation of inositol monophosphate standards by HPLC.  $^{14}\text{C}$ -labeled Ins 1-P and Ins 2-P (●—●) produced by acidic hydrolysis of  $^{14}\text{C}$  PtdIns [9,14] were mixed with unlabeled Ins 1-P, Ins 2-P and Ins 4-P (○---○) produced by alkaline hydrolysis of phosphoinositides [11] and applied to a LiChrosorb<sup>R</sup>NH<sub>2</sub> column. For details see section 2.

however, with longer use of the columns. It was observed that only HPLC could reliably resolve Ins 2-P from Ins 4-P. On descending paper chromatography, using as solvent either isopropyl alcohol/ammonia/water (70:10:20) at 40°C [14] or ethanol/13.5 M NH<sub>3</sub> (3:2) [15], and on silica gel glass fiber sheets [16] no separation of Ins 2-P from Ins 4-P could be achieved (unpublished).

The method was applied to measure [ $^3\text{H}$ ]inositol monophosphates in human platelets which were prelabeled with [ $^3\text{H}$ ]inositol. Two major [ $^3\text{H}$ ]inositol monophosphate peaks on HPLC were found which cochromatographed exactly with unlabelled Ins 1-P and Ins 4-P, respectively. Both compounds were detected in small amounts in unstimulated platelets and accumulated following platelet exposure to thrombin (figs 2,3) or vasopressin (table 1). In addition, a minor radioactive peak on HPLC was detected, which may correspond to Ins 2-P (fig.2).

Thrombin (2 U/ml) as the stronger platelet stimulus induces a larger accumulation of inositol

phosphates in human platelets than vasopressin (2  $\mu\text{M}$ ) (table 1). Interestingly, thrombin stimulates the accumulation of Ins 1-P more than that of Ins 4-P. Vasopressin seems to increase Ins 1-P and Ins 4-P to similar levels.

Kinetic studies showed that Ins 1-P and Ins 4-P accumulate later than Ins 1,4-P<sub>2</sub> and Ins 1,4,5-P<sub>3</sub> following platelet exposure to thrombin (fig.3) and vasopressin (unpublished).

Li<sup>+</sup> has a profound effect on the accumulation of inositol phosphates in human platelets. In unstimulated platelets, Li<sup>+</sup> increased the levels of Ins 1-P and Ins 4-P but not of Ins 1,4-P<sub>2</sub>. In platelets stimulated by thrombin, Li<sup>+</sup> augmented the accumulation of Ins 1-P and Ins 1,4-P<sub>2</sub>, but not of Ins 4-P. Ins 4-P levels seemed to be even reduced in the presence of Li<sup>+</sup>. In platelets stimulated by vasopressin, Li<sup>+</sup> augmented the accumulation of Ins 1-P, Ins 4-P and Ins 1,4-P<sub>2</sub>. Li<sup>+</sup> had no effect on the accumulation of Ins 1,4,5-P<sub>3</sub> in resting or stimulated human platelets (fig.3, table 1).

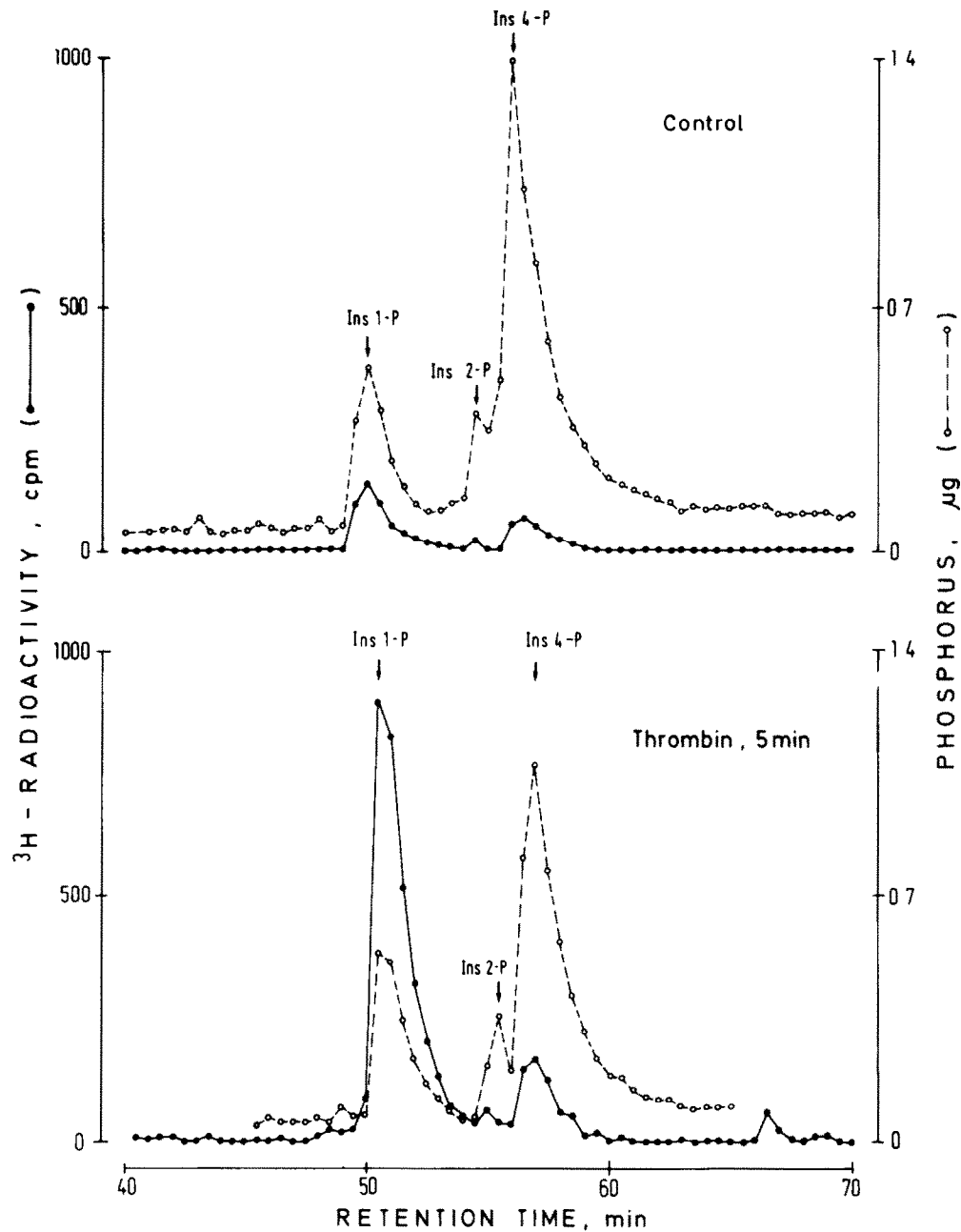


Fig.2. HPLC separation of [ $^3\text{H}$ ]inositol monophosphates in control and thrombin-stimulated platelets. Human platelets prelabeled with [ $^3\text{H}$ ]inositol were exposed to saline or thrombin (2 U/ml) while stirring (1100 rpm) for 5 min at 37°C. The aqueous soluble [ $^3\text{H}$ ]inositol phosphates were extracted [9], unlabeled inositol monophosphate standards were added, and the inositol monophosphate fraction obtained by Dowex anion-exchange chromatography was further separated on HPLC. The fractions were measured for radioactivity of the platelet [ $^3\text{H}$ ]inositol phosphates (●—●) and for phosphorus (○---○) of the added inositol monophosphate standards.

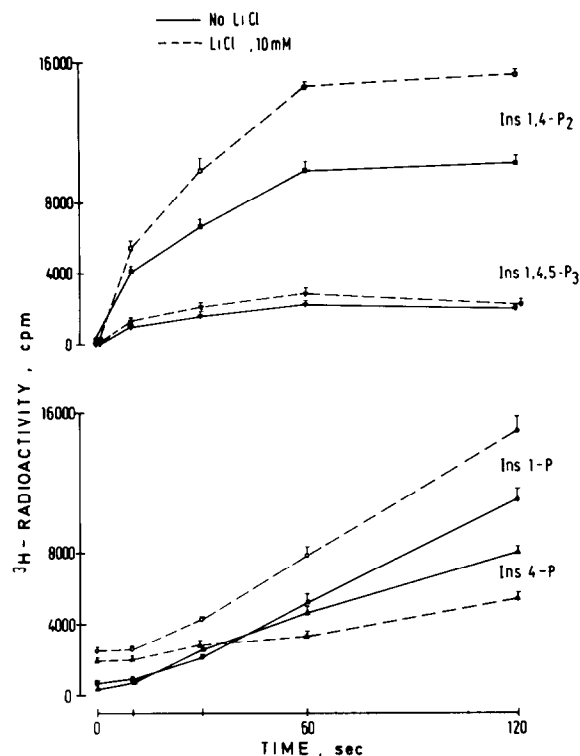


Fig.3. Time course of formation of  $[^3\text{H}]$ inositol phosphates in thrombin-stimulated platelets in the presence (---) or absence (—) of  $\text{Li}^+$ . Human platelets prelabeled with  $[^3\text{H}]$ inositol were kept at  $37^\circ\text{C}$  for 60 min in buffer with (open symbols, dashed line) or without (filled symbols, solid line)  $\text{LiCl}$  (10 mM). Platelets were then exposed to thrombin (2 U/ml) for various times. The aqueous soluble inositol phosphates were extracted, unlabeled inositol phosphate standards were added, and the inositol phosphates were separated by HPLC (see [9] and section 2).

cochromatographs with Ins 4-P on HPLC. The cochromatography with an authentic standard gives evidence for the formation of  $[^3\text{H}]$ Ins 4-P, but does not prove its structure.  $[^3\text{H}]$ Ins 4-P is present in resting platelets and accumulates in platelets activated by thrombin or vasopressin. Ins 4-P, similar to Ins 1-P increases after a time lag of 10–15 s and after the formation of Ins 1,4- $\text{P}_2$  and Ins 1,4,5- $\text{P}_3$  in platelets stimulated by thrombin (fig.3) or vasopressin (unpublished).

Ins 4-P may serve as unique marker molecule for the study of inositol phosphate metabolism in stimulated cells. Among the inositol phosphates detected in stimulated human platelets [8–10,17], Ins 4-P is the only compound which cannot be formed by phospholipase C-induced hydrolysis of phosphoinositides. Ins 4-P most probably derives from degradation of Ins 1,4- $\text{P}_2$  by the action of non-specific soluble phosphatases [4]. Ins 1,4- $\text{P}_2$  is

#### 4. DISCUSSION

This study describes the presence of a  $[^3\text{H}]$ inositol monophosphate in human platelets which can be separated from Ins 1-P and Ins 2-P and

Table 1

Effect of  $\text{Li}^+$  on the accumulation of inositol phosphates in human platelets induced by thrombin or vasopressin

| Addition                       | LiCl<br>(10 mM) | $^3\text{H}$ radioactivity (cpm) |         |                       |                         |
|--------------------------------|-----------------|----------------------------------|---------|-----------------------|-------------------------|
|                                |                 | Ins 1-P                          | Ins 4-P | Ins 1,4- $\text{P}_2$ | Ins 1,4,5- $\text{P}_3$ |
| None                           | —               | 473                              | 564     | 264                   | 22                      |
|                                | +               | 3390                             | 2427    | 282                   | 10                      |
| Thrombin (4 U/ml)              | —               | 11560                            | 6824    | 3564                  | 521                     |
|                                | +               | 24080                            | 5799    | 14480                 | 584                     |
| Vasopressin (2 $\mu\text{M}$ ) | —               | 1272                             | 1384    | 596                   | 160                     |
|                                | +               | 11886                            | 7095    | 2510                  | 204                     |

Platelets prelabeled with  $[^3\text{H}]$ inositol were incubated for 60 min at  $37^\circ\text{C}$  with or without 10 mM  $\text{LiCl}$ . Stimuli were added for 4 min. Inositol phosphates were separated by HPLC (see section 2)

formed either by phospholipase C-induced breakdown of PtdIns 4-P or from Ins 1,4,5-P<sub>3</sub> by the action of a specific Ins 1,4,5-P<sub>3</sub> 5-phosphatase [4,5,8,18]. According to the latter pathway Ins 4-P might ultimately derive from Ins 1,4,5-P<sub>3</sub>. The presence of Ins 4-P in stimulated platelets indicates that the inositol monophosphates found in stimulated cells may not only derive from PtdIns hydrolysis but also from the stepwise degradation of inositol polyphosphates [4].

The observed effects of Li<sup>+</sup> on the accumulation of inositol phosphates are in agreement with enzymatic studies in rat liver [4,5,18] and with studies of thrombin-stimulated human platelets [17] and muscarinic receptor activation in rat brain and parotid gland [19,20]. They differ, however, sharply from results obtained in rabbit platelets [10]. Here, Li<sup>+</sup> augmented markedly the accumulation of Ins 1-P and Ins 1,4-P<sub>2</sub> in stimulated platelets which is explained by the sensitivity of the responsible phosphatase activities to Li<sup>+</sup> [4]. Accumulation of Ins 4-P is augmented in vasopressin-but not in thrombin-stimulated platelets. Since vasopressin is a weaker platelet agonist and induces less accumulation of Ins 4-P than thrombin, it seems that the degradation of Ins 4-P is only inhibited by Li<sup>+</sup>, if the Ins 4-P levels are low. The accumulation of Ins 1,4,5-P<sub>3</sub> in stimulated platelets was barely affected by Li<sup>+</sup> which corresponds to the insensitivity of the Ins 1,4,5-P<sub>3</sub> 5-phosphatase to Li<sup>+</sup> [4,5,18]. The observation that Li<sup>+</sup> induces an accumulation of Ins 1-P and Ins 4-P in non-stimulated platelets may indicate that both inositol monophosphates are produced and degraded in resting platelets. Interestingly, Li<sup>+</sup> does not induce an accumulation of Ins 1,4-P<sub>2</sub> in resting platelets.

The results reveal interesting differences in the action of thrombin and vasopressin on the accumulation of inositol phosphates in human platelets. Thrombin induces a higher increase of Ins 1-P than of Ins 4-P whereas vasopressin stimulates Ins 1-P and Ins 4-P levels to a similar degree. Since according to enzymatic studies the phosphatase activities remove the 1- and 4-phosphate groups of Ins 1,4-P<sub>2</sub> at similar rates, the similar levels of Ins 1-P and Ins 4-P in vasopressin-stimulated platelets could indicate that both compounds are formed entirely from Ins 1,4-P<sub>2</sub>. In contrast, the relatively higher accumulation of Ins 1-P compared to Ins 4-P in thrombin-

activated platelets may lead to the conclusion that PtdIns is also hydrolysed. The results show that the detection and the determination of Ins 4-P gives further insights into the metabolism of inositol phosphates and inositol phospholipids in stimulated cells.

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